



The Joy of Singing

Research has shown that Singing helps to improve memory, reduce stress and enhance self-esteem. In this 8 sessions singing class, senior participants will not only learn the proper singing technique, but also to make new friends and attain fulfilment in life.

Course Description

Interesting highlights of the programme include:

- Participants will learn about the proper techniques of singing (body posture, facial relaxation, breathing with diaphragm, articulation and enunciation etc.)
- Participants will be able to perform in 2 to 3-part choir singing
- Participants will be able to sing at least 5 songs at the end of the course, depending on individual progression

(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)

Back to National Silver Academy Course Listing – [Click here](#)

Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at Family Central
- 2) Run 1 SMS to 9129 9100 or email to lindachui@fycs.org
Run 2 SMS to 9137 8336 or email to deborahkwan@fycs.org
with (Full name + NRIC + Course Name)

Payment Procedure

Payment can be made via cheque, cash or NETS.
(Payment is required for confirmation of place.)

Class Details

Run 1: (Tuesday)

12, 19, 26 Feb;
12, 19, 26, Mar;
2, 9 Apr 2019

Run 2: (Thursday)

14, 21, 28 March;
4, 11, 18, 25 April;
2 May 2019

Time:

Run 1: 10.30am to 12.30pm
9 Apr: 2pm to 4pm
Run2: 10.30am to 12.30pm

Closing Date for Registration:

Till class is full

Venue:

Run 1: Family Central @ Tampines

Blk 316 Tampines Street 33
#01-186 S(520316)

Run 2:

298 Tiong Bahru Road #10-02
Tiong Bahru Central Plaza
Singapore 168730
Tiong Bahru MRT Exit B

Duration:

16 hours (8 sessions)

Course Fee (Materials inclusive):

\$97.20 (inclusive of GST & after NSA subsidy)

Fees Payable for limited period: **\$72**

Participant who provides false particulars will have to pay the full course fee

Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

© Copyright Family Central. All Rights Reserved.

As part of:

Silver
NATIONAL
ACADEMY

Organised By:

Family
Central
a member of the Red Community Services

Administered By:

C3A
Ageing Well