



MAKING HARMONY WITH HARMONICA I

Music is a wonderful tool to relax and soothe your mind. Wind instruments have been particularly known to cause immense health benefits. Playing harmonica improves your breathing, which leads to an increase in lung capacity and oxygen storing capacity. Come and stay healthy while blowing away your blues.

Course Description

Interesting highlights of the programme include:

- Introduction to harmonica and the various types of harmonica
- Participants will learn about the breathing techniques; basic techniques of playing harmonica and reading of notes
- Participants will be able to play at least 5 songs at the end of the course, depending on individual progression

(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)

Back to National Silver Academy Course Listing – [Click here](#)

Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 8876 8027 (Full name + NRIC + Course Name + Run No.)
- 3) Email to Ms Loh Ying Hong at lohyinghong@fyccs.org

Payment Procedure

Payment can be made via cheque, cash or NETS.
(Payment is required for confirmation of place.)

Class Details

Course Date:

10, 17, 24, 31 October,
14, 21, 28 November,
5 December 2018
(Wednesday)

Time:

10.00am to 12.00noon

Closing Date for Registration:

26 September 2018

Venue:

Family Central

Blk 316 Tampines Street 33
#01-186 S(520316)

Duration:

16 hours (8 sessions)

Course Fee:

Fees Payable: **\$100**
(Inclusive of instrument and materials)

Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.

2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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