



*Ageing is not an option,
not for anyone. It is
how gracefully we
handle the process and
how lucky we are, as
the process handles us.*

PALLIATIVE CARE

Uncover the myths of palliative care, helping yourself and family to understand the importance of pre-planning for life ahead and beyond. Learn how to make your wishes known, and ease your loved ones from painful last-minute decisions.

Course Description

Highlights of the program include:

- Is a will only for the rich? What is living will, financial will and emotional will?
- Difference between Power of Attorney & Lasting Power of Attorney
- What is Advance Care Planning?
- Final farewell pre-planning and death simulation workshop

*(Not suitable for those who are familiar with the description mentioned above.
Please note that this is a basic course.)*

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Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 9137 8336 (Full name + NRIC + Course Name + Run No.)
- 3) Email to Deborah Kwan at deborahkwan@fyca.org

Payment Procedure

Payment can be made via cheque, cash or NETS.
(Payment is required for confirmation of place.)

Class Details

Course Date:

2, 4, 9, 11, 16, 18, 23 & 25 July
2018
(Monday & Wednesday)

Time:

2.00pm to 5.00pm

Closing Date for Registration:

18 June 2018

Venue:

MindChamp
480 Lorong 6 Toa Payoh
#17-01 HDB Hub East Wing
Singapore 310480

Duration

24 hours (8 sessions)

Course Fee

Fees Payable: **\$100**

(Can be paid with SkillsFuture
Credit. Contact 65936472)

Pre-requisites

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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