



*Ageing is not an option,
not for anyone. It is
how gracefully we
handle the process and
how lucky we are, as
the process handles us.*

PALLIATIVE CARE

Uncover the myths of palliative care, helping yourself and family to understand the importance of pre-planning for life ahead and beyond. Learn how to make your wishes known, and ease your loved ones from painful last-minute decisions.

Course Description

Highlights of the program include:

- Is a will only for the rich? What is living will, financial will and emotional will?
- Difference between Power of Attorney & Lasting Power of Attorney
- What is Advance Care Planning?
- Final farewell pre-planning and death simulation workshop

(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)

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Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 9137 8336 (Full name + NRIC + Course Name + Run No.)
- 3) Email (Full name + Tel No. + NRIC + Course Name + Run No.) to deborahkwan@fycs.org

Payment Procedure

Payment can be made via cheque, cash or NETS.
(Payment is required for confirmation of place.)

Enquiry

Tel : 6593 6472

Class Details

Course Date:

11, 18, 25 Sep, 2, 16, 23, 30 Oct,
13 Nov 2018 (Tuesday)

Time:

2.00pm to 5.00pm

Closing Date for Registration:

Till class is full

Venue:

Social Service Institute
298 Tiong Bahru Road, Level 20
Tiong Bahru Central Plaza
Singapore 168730

Duration

24 hours (8 sessions)

Course Fee

Fees Payable: **\$100 (eligible
for SkillsFuture Credit)**

Pre-requisites

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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