



## KEYBOARD APPRECIATION CLASS II

Music is beneficial for people struggling with memory loss and it helps to improve memory and cognitive function. In this keyboard session, senior participants will benefit in memory enhancement and therapeutic music making sessions as they learn to let music soothe their soul and relax their mind.

### Course Description

Interesting highlights of the programme include:

- Participants will progress from level 1 and learn new skills of playing the keyboard
- Participants will be able to play at least 5 songs at the end of the course, depending on individual progression

*(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)*

Back to National Silver Academy Course Listing – [Click here](#)

### Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 97774001 (Full name + NRIC + Course Name + Run No.)
- 3) Email to Mr Lin Chia-Yen at [linchiayen@fycs.org](mailto:linchiayen@fycs.org)

### Payment Procedure

Payment can be made via cheque, cash or NETS.  
**(Payment is required for confirmation of place.)**

### Class Details

#### Course Dates:

##### Run 2:

11, 18, 25 October;  
1, 8, 15, 22, 29 November 2018  
(Thursdays)

##### Run 3:

13, 20, 27 November;  
4, 11, 18 December;  
8, 15 January 2019  
(Tuesdays)

#### Time:

10.30am to 12.30pm

#### Closing Date for Registration:

**Run 2:** 27 September 2018

**Run 3:** 30 October 2018

#### Venue:

##### Family Central

Blk 316 Tampines Street 33  
#01-186 S(520316)

#### Duration:

16 hours (8 sessions)

#### Course Fee:

Fees Payable: **\$112**  
(Materials inclusive)

#### Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English
- d) Must have completed Keyboard Appreciation I

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.

2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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NATIONAL  
ACADEMY

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**Family**  
Central  
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Ageing Well