



## The Joy of Singing

Research has shown that Singing helps to improve memory, reduce stress and enhance self-esteem. In this 8 sessions singing class, senior participants will not only learn the proper singing technique, but also to make new friends and attain fulfilment in life.

### Course Description

Interesting highlights of the programme include:

- Participants will learn about the proper techniques of singing (body posture, facial relaxation, breathing with diaphragm, articulation and enunciation etc.)
- Participants will be able to perform in 2 to 3-part choir singing
- Participants will be able to sing at least 5 songs at the end of the course, depending on individual progression

*(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)*

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### Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 8876 8027(Full name + NRIC + Course Name + Run No.) or Email to Loh Ying Hong at [lohyinghong@fyccs.org](mailto:lohyinghong@fyccs.org)

### Payment Procedure

Payment can be made via cheque, cash or NETS.  
**(Payment is required for confirmation of place.)**

### Class Details

#### Course Dates:

##### Run 1:

3, 10, 17, 24, 31 August,  
14, 21, 28 September 2018  
(Friday)

##### Run 2:

5, 12, 19, 26 October,  
2, 9, 16, 23 November 2018  
(Friday)

#### Time:

10.30am to 12.30pm  
(2 hours)

#### Closing Date for Registration:

**Run 1:** 20 August (Friday)

**Run 2:** 21 September (Friday)

#### Venue:

Blk 316 Tampines Street 33  
#01-186 S(520316)

#### Duration:

16 hours (8 sessions)

#### Course Fee:

Fees Payable: **\$72**  
(Materials inclusive)

#### Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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