



## U can play UKULELE I

Music is beneficial for people struggling with memory loss and it helps to improve memory and cognitive function. In this ukulele session, senior participants will benefit from therapeutic music making sessions, in memory enhancement as they learn to let music soothe their soul and relax their mind.

### Course Description

Interesting highlights of the programme include:

- Participants will learn the basic techniques and skill strumming tunes using Ukulele.
- Participants will be able to play at least 5 songs at the end of the course, depending on individual progression.

*(Not suitable for those who are familiar with the description mentioned above. Please note that this is a basic course.)*

*Back to National Silver Academy Course Listing –[Click here](#)*

### Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS to 8876 8027(Full name + NRIC + Course Name + Run No.) or Email to Ms Loh Ying Hong at [lohyinghong@fyccs.org](mailto:lohyinghong@fyccs.org)

### Payment Procedure

Payment can be made via cheque, cash or NETS.  
**(Payment is required for confirmation of place.)**

### Class Details

#### Course Date:

**Run 1 and 2: (Fridays)  
2, 9, 16, 23 March,  
6, 13, 20, 27 April 2018  
(Fridays)**

#### Time:

Run 1: 10AM to 12 NN  
(2 hours) **Cancelled**

Run 2: 2PM to 4PM  
(2 hours)

#### Closing Date for Registration:

16 February 2018

#### Venue:

Blk 316 Tampines Street 33  
#01-186 S(520316)

#### Duration:

16 hours (8 sessions)

#### Course Fee:

Fees Payable: **\$84**  
(Material Inclusive)

#### Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English
- d) Need to provide own ukulele and string tuner

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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### Payment Procedure

Payment can be made via cheque, cash or NETS.  
(Payment is required for confirmation of place.)

### Class Details

#### Course Date:

**Run 3:** (Mondays)  
2, 9, 16, 23, 30 April;  
7, 14, 21 May

#### Time:

2pm to 4pm

#### Closing Date for Registration:

19 March 2018 (Monday)

#### Venue:

298 Tiong Bahru Road #10-02  
Tiong Bahru Central Plaza  
Singapore 168730  
Tiong Bahru MRT Exit B

#### Duration:

16 hours (8 sessions)

#### Course Fee:

Fees Payable: **\$84**  
(Material Inclusive)

#### Pre-requisites:

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English
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ACADEMY

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Central  
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Ageing Well