



TCM Perspective on Common Diseases

The adoption of Traditional Chinese Medicine (TCM) and acupuncture is fast gaining popularity by many economies in the 21st century. Among the Over 300 types of traditional medicines practised by different races, Chinese Medicine has emerged as one which is the most systematic and well documented. The course will allow the participant to gain an perspective on how TCM approaches common diseases face and how we can manage it through the use of acupressure and herbal dietary.

Course Description

Interesting highlights of the programme include:

- The fundamental principle and practices of TCM
- The participant will learn the TCM approaches to diagnostic of diseases
- Know the etiology and pathogenesis of common disease from the TCM perspective
- Understand the use of acupressure and herbal diet in disease management

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Application Procedure

You can apply through one of the following ways:

- 1) Application can be made personally at [Family Central](#)
- 2) SMS 9129 9100 (Name + NRIC + Course + Run no.)
- 3) Email to lindachui@fyca.org

Payment Procedure

Payment can be made via cheque, cash or NETS
(Payment is required for confirmation of place)

1. All information is accurate at the point of printing and distribution, and subjected to changes without prior notice.
2. The organiser reserves the right to postpone or cancel the programme due to unforeseen circumstances or low enrolment.

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Class Details

Course Date:

12, 19, 26 Sep,
3, 10, 17, 24, 31 Oct,
(Tuesdays)

Time:

9.30am to 12.30pm

Closing Date for Registration:

23 August 2017

Venue:

Social Service Institute
298 Tiong Bahru Road
#20-01 Central Plaza
Singapore 168730

Duration

24 hours (8 sessions)

Course Fee

Fees Payable: **\$100.00**
(Can be paid with Skills
Future Credit. Contact
65936425)

Pre-requisites

- a) 50 years old & above
- b) Singaporean or Singapore PR
- c) Must be able to read, understand and converse in simple English